Physical activity levels of children and youth in Alberta
Bulletin #1 (Alberta)

Figure 1: Average steps, Canada and regions

CANPLAY studies, 2011-2014
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Figure 2: Average steps by age and gender of child, Alberta
Figure 3: Trends in average steps over time by gender in Alberta

Canadian Fitness & Lifestyle Research Institute

CANPLAY studies, 2005-2014
Figure 4: Trends in average steps by participation in organized physical activity and sport, Alberta

CANPLAY studies, 2005-2014