Figure 1: Average steps, Canada and regions

Canadian Fitness & Lifestyle Research Institute

CANPLAY studies, 2011-2014
Physical activity levels of children and youth in British Columbia
Bulletin # 1 (British Columbia)

Figure 2: Average steps by age and gender of child, British Columbia
Figure 3: Average steps by parents’ education level in British Columbia
Figure 4: Trends in average steps by gender of child in British Columbia

- Total
- Boys
- Girls

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CANPLAY studies, 2005-2014