Figure 1: Average steps, Canada and regions

Canadian Fitness & Lifestyle Research Institute
CANPLAY studies, 2011-2014
Figure 2: Average steps by age and gender of child, Newfoundland and Labrador

Canadian Fitness & Lifestyle Research Institute

CANPLAY studies, 2011-2014
Figure 3: Average steps by parent’s education level, Newfoundland and Labrador
Figure 4: Trends in average steps by gender in Newfoundland and Labrador

CANPLAY studies, 2005-2014