Figure 1: Average steps, Canada and regions

Canadian Fitness & Lifestyle Research Institute

CANPLAY studies, 2011-2014
Physical activity levels of children and youth in the Northwest Territories
Bulletin #1 (Northwest Territories)

Figure 2: Average steps by age and gender of child, Northwest Territories

CANPLAY studies, 2011-2014
Figure 3: Trends in average steps over time by gender in the Northwest Territories

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CANPLAY studies, 2005-2014
Figure 4: Trends in average steps by participation in organized physical activity and sport, Northwest Territories

- Participates in organized physical activity and sport
- Does not participate

CANPLAY studies, 2005-2014