Figure 1: Average steps, Canada and regions

Canadian Fitness & Lifestyle Research Institute

CANPLAY studies, 2011-2014
Figure 2: Average steps by age and gender of child, Yukon

- **Total**: 5 to 10 (blue), 11 to 14 (green), 15 to 19 (gray)
- **Boys**: 5 to 10 (blue), 11 to 14 (green), 15 to 19 (gray)
- **Girls**: 5 to 10 (blue), 11 to 14 (green), 15 to 19 (gray)

Canadian Fitness & Lifestyle Research Institute

CANPLAY studies, 2011-2014
Figure 3: Trends in average steps over time by gender in the Yukon

Canadian Fitness & Lifestyle Research Institute

CANPLAY studies, 2005-2014
Figure 4: Trends in average steps by participation in organized physical activity and sport, Yukon

- Participates in organized physical activity and sport
- Does not participate